two old goats
FOOD WITH ATTITUDE

MENU

THE TWO OLD GOATS EAT ANYTHING THAT IS NATURAL, NUTRITIOUS, FULL OF FLAVOUR AND JAM PACKED WITH ATTITUDE.

TOASTED SOURDOUGH

SMASHED AVOCADO, PEA, LIME + CORIANDER ON SOURDOUGH TOAST SPRINKLED WITH TOASTED PUMPKIN SEEDS **£9.50**

ADD A LITTLE EXTRA

BOERIE OR BACON **£4.00**

SMK SALMON **£4.50**

HALLOUMI OR FETA **£2.50**

ROASTED VINE TOM'S **£2.00**

TOAST WITH HOMEMADE JAM BUTTER, CHOICE OF SOURDOUGH, RAISIN OR GLUTEN FREE SOURDOUGH **£4.75**

THE OLLY MARINATED CHICKEN, MELTED CHEESE, SPINACH & AIOLI IN TOASTED SOURDOUGH **£10.50**

ULTIMATE SOURDOUGH CHEESE TOASTIE SERVED WITH JALAPENO SALSA **£8.95**

ADD HAM **£2.00**
TOMATO **£1.00**

SOUL BOWLS

HARISSA SLOW COOKED BEANS WITH WHIPPED FETA, AVOCADO, CHILLI, CORIANDER + A TOASTED MANCHET ROLL **£11.50**

SHAKSHUKA - BAKED EGGS IN A THICK TOMATO, RED PEPPER + SPINACH SAUCE SERVED WITH TOASTED SOURDOUGH **£11.50**

MASALA SCRAMBLED EGGS, SPINACH + SPRING ONION + RED CHILLI WITH TOASTED MANCHET ROLL (8AM UNTIL 11.30AM) **£10.50**

SWEET POTATO TIKKI – LIGHTLY SPICED POTATO CAKES, BEETROOT HUMMUS, AVOCADO CREAM + ROCKET **£8.95**

ADD A LITTLE EXTRA - BOERIE OR BACON **£4.00**

SMK SALMON **£4.50**

HALLOUMI OR FETA **£2.50**

ROASTED VINE TOM'S OR AVOCADO **£2.00**

OLD ENGLISH MANCHET ROLLS

CHICKEN OR HALLOUMI SATAY SAUCE AND SPINACH IN TOASTED MANCHET ROLL **£8.95**

BOERIE ROLL SOUTH AFRICAN SPIRAL SAUSAGE WITH CHERRY TOMATO RELISH IN TOASTED MANCHET ROLL **£10.50**

BACON + MASALA SCRAMBLED EGGS IN TOASTED MANCHET ROLL (8AM UNTIL 11.30AM) **£9.50**

GOAT BOWLS **£11.50**

OUR SIGNATURE THREE SALADS TOPPED WITH...

NORTH AFRICAN CHICKEN + AVOCADO CREAM

SLICED AVOCADO + BEETROOT HUMMUS

HALLOUMI + SATAY SAUCE

SMOKED SALMON + WHIPPED FETA

SALAD OF THE DAY
LARGE **£9.50**
SMALL **£6.00**

TASTY IN PASTRY **£11.50**

CHOOSE FROM SELECTION OF QUICHES + PASTRIES SERVED WITH OUR SIGNATURE SALADS

MINI GOATS

KIDS GRAZING BOWL **£6.00**

TOAST, HUMMUS, CUCUMBER, CHERRY TOM'S AND CHOICE OF CHICKEN, HALLOUMI OR SWEET POTATO CAKE

KIDS CHEESE TOASTIE **£5.00**

BOSS BAGELS

SMOKED SALMON SLICED AVO, WHIPPED FETA + SPINACH **£11.50**

HALLOUMI SLAW, AIOLI + ROCKET **£10.50**

BACON AVOCADO, FETA, ROCKET + CHILLI JAM **£11.50**

SMOOTH GOATS **£5.50**

VERY BERRY - BLUEBERRY, RASPBERRY, ORANGE + OAT MILK

MANGO LASSI – MANGO, TURMERIC, GINGER + OAT MILK

GREEN GOAT - PINEAPPLE, SPINACH, AVOCADO + COCONUT WATER

POSITIVELY CHERRY - CHERRIES, CHOCOLATE, AVOCADO + OAT MILK

OPTIMUM YOGA - APPLE, AVOCADO, SPINACH + COCONUT WATER

CHARLIE'S SMOOTHIE BOWLS **£10.50**

YOUR CHOICE OF SMOOTHIE TOPPED GENEROUSLY WITH GRANOLA, CHIA SEEDS, FRESH FRUIT + COCONUT YOGHURT

JUTE COFFEE

LONG BLACK **£3.20**

CAPPUCCINO **£3.40**

LATTE **£3.40**

FLAT WHITE **£3.50**

DOUBLE ESPRESSO **£3.00**

MOCHA **£3.80**

HOT CHOCOLATE **£3.60**

ICED COFFEE **£4.50**

CHOOSE FROM LATTE, AMERICANO OR MOCHA EXTRA SHOT **£1.00**

ORGANIC TEAS **£3.00**

EVER SO ENGLISH

EARL OF GREY

ST. CLEMENTS LEMON

QUEEN OF GREEN

REST, REPEAT ROOIBOS

PROPER PEPPERMINT

FIESTA TURMERIC GURU

SWEET CHAMOMILE

BERRY BEST

EVER SO ENGLISH DECAF

THIRST AID

LEMONADE SPARKLING DRINKS **£3.20**
CHOOSE FROM GINGER, LIME OR BLOOD ORANGE

BASHEWS CREAM SODA **£3.20**

CANO STILL OR SPARKLING WATER **£2.50**

KAOBA SPARKLING CACAO FRUIT **£3.00**

CHARI TEA FLAVOURED ICE TEAS **£3.20**

ROOIBOS & PASSION FRUIT OR GREEN & GINGER

MARTY'S VIRGIN BLOODY MARY MILD OR SPICY **£4.00**

JUICES

100% FRESHLY SQUEEZED

APPLE **£4.50**
ORANGE **£4.50**
KIDS **£2.50**

3 CHURCH SQUARE, MARKET HARBOROUGH, LE16 7NB